



## EMERGENCY PREPAREDNESS

According to Public Safety Canada, individuals and families should be prepared to cope on their own for the first 72 hours following a natural disaster, allowing emergency personnel to help those in greatest danger.

### Could you and your family survive for 72 hours following a natural disaster?

*This message brought to you on behalf of your Insurance Broker and Wawanesa Insurance.*



### Here's what to do to help you be more prepared:



#### Step 1: Make a plan

Your plan should address applicable considerations such as:

- Safe exits from your home and neighbourhood
- Meeting places to reunite with your family
- A designated person to pick up your children if necessary
- Names and numbers of people to be contacted
- Health and insurance information
- Places for your pet to stay
- Risks in your region
- The location of your fire extinguisher, water valve, electrical panel, gas valve and floor drain

#### Step 2: Create an emergency kit

Create the kit to cover your family's specific needs, including the following basics:

- Flashlight, batteries, transistor radio and first aid kit
- A three-day supply of bottled water and non-perishable food for each person and pet
- Personal hygiene supplies, medications, eyeglasses, blankets and bath linens
- Cash, extra keys for car and home, photocopies of legal and personal documents including your insurance policy

